



## **World Famous Hypnotist Presents Toronto Workshop on the Subconscious**

*Gifted hypnotist and international speaker Debbie Papadakis, BCH, C.I., will present a workshop in Toronto on January 4th in celebration of World Hypnotism Day. "We all have within us the power to live happy and healthy lives," said Debbie Papadakis, award-winning, board certified Master Hypnotist and trainer, featured this year in Oprah's "O" Magazine. "Join me as we explore the subconscious, our innermost fears, deepest beliefs and the part of us that controls our very thoughts and actions."*

Toronto, ON ([PRWEB](#)) December 27, 2007 -- Gifted hypnotist and international speaker Debbie Papadakis, BCH, C.I., will present a workshop in Toronto on January 4th in celebration of World Hypnotism Day.

Hypnotists around the globe will hold events the same day using hypnosis as a practiced approach to treating issues such as addictions, weight loss and insomnia.

"We all have within us the power to live happy and healthy lives," said Debbie Papadakis, award-winning, board certified Master Hypnotist and trainer, featured this year in Oprah's "O" Magazine. "Join me as we explore the subconscious, our innermost fears, deepest beliefs and the part of us that controls our very thoughts and actions."

Called 'Journey to the Subconscious' the workshop will be held at the Latvian Centre, in the Corsa Room, 4 Credit Union Drive, Eglinton Avenue East and Victoria Park, Toronto, January 4 from 6:30 to 9:00 p.m. Proceeds will be donated to the Oprah Winfrey Leadership Academy for Girls. The suggested donation is just \$20. "Through hypnosis we can tap into a hidden power and dispel fears and limiting beliefs, heal our mind and body and make positive and lasting changes in our lives," said Debbie. Ms. Papadakis is a recipient of multiple awards from the National Guild of Hypnotists, the National Association of Transpersonal Hypnotherapists and is an inductee of the International Hypnosis Hall of Fame.

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