

Hypno Healing Institute Inc.
355 Keele Street, Toronto
416-760-8996
info@hypno-healing.com

MEDIA RELEASE

For Immediate Distribution (Dec. 2010)

ATTENTION EDITORS, FEATURE & LIFESTYLE WRITERS

World renowned hypnotist holds an Open House Gala and Workshop in Toronto

Toronto December 2010 -- Debbie Papadakis, BCH, CI, popular hypnosis expert and founder of Toronto's Hypno Healing Institute <http://www.hypno-healing.com> invites everyone to join her in celebrating World Hypnotism Day (January 4, 2011) by hosting two special events. "We all have a wealth of power in our subconscious that can be used in healing, releasing stress and freeing us from internal barriers to health, wealth and happiness!"



World Hypnotism day is a global event held in recognition of the benefits and effectiveness of hypnosis debunking the myths and misconceptions to reveal its true power and life-changing abilities.

Debbie welcomes everyone to the events being held on January 4th, 2011 at the Hypno Healing Institute, 355 Keele St., Toronto.

Open House Gala: Meet Debbie Papadakis accomplished Master Hypnotist, Reiki Master, and Author. Discover the power and possibilities of hypnosis. (Refreshments will be served)

Tuesday, January 4th, 2011 1:00pm – 5:00pm

Workshop: Reprogram Yourself to Succeed - It is our responsibility to clear our negative filters & empower ourselves to create success.

Tuesday, January 4th, 2011 6:30 pm (approx. 3 hours)

Fee: \$25 (*proceeds to benefit Covenant House Toronto. Donations of non-perishable food items also welcome*)

What could be a better way to start the New Year than learning about the power of our own mind? "I absolutely believe in the potential for everyone to benefit from hypnosis, the mind is a brilliant and powerful tool that can be used to heal, help or hinder." Debbie on WNetwork.com

In addition to its efficacy with weight loss and smoking cessation, hypnosis is effective in dealing with addiction, pain management, self-improvement, sleep, anxiety and also aids with rehabilitation.

She is featured in Oprah's 'O' Magazine & 'O's Big Book of Happiness' for helping journalist Beverley Donofrio successfully get rid of her lifelong shyness <http://www.hypno-healing.com/documents/OsBigBookofHappinessArticle.pdf> Debbie is recently featured in Elle Canada Magazine January 2011 for her work in the connection between past-life memories and relationship issues'.

Ms Papadakis is a certified instructor with the National Guild of Hypnotists and the International Medical & Dental Hypnotherapy Association and founder of Hypno Healing Institute Clinic & School. In addition to working with habits, fears, anxieties, and removing blockages Debbie is internationally recognized for her work with sleep and relationship issues.

The Hypno Healing Institute offers private sessions, workshops, professional hypnosis certification training and other programs. For more information or to schedule a free consultation visit www.hypno-healing.com

For questions or interviews please contact:

Dianna Guglietti: 1-888-758-3223 / 416-760-8996

info@hypno-healing.com