

Debbie Papadakis



"Usually if you have something bothering you, it's not the thinking, but it's the feeling that comes along and the feeling runs your body. It runs your life!"

Debbie Papadakis
on **Positive Living**

In an upcoming episode, Aida sits down with Founder of the Hypno Healing Institute Clinic & school, renowned hypnotist Debbie Papadakis. According to Debbie, our subconscious emotions and beliefs can sabotage us, but through hypnosis we can change our negative emotions into positive ones and begin our journey towards a successful life! The Debbie Papadakis interview premieres: Sunday March 22nd, 2009 at 10:00pm on SUN TV in Southern Ontario (EPISODE 109).

Positive Living is an exciting new lifestyle television series designed to educate and motivate viewers. The show is based on the principle that our thoughts are the starting point for creating success. In the course of her investigation into the various theories of success, show creator and host Aida Memisevic consults world-renowned leaders and experts in the field of personal growth and speaks with those at the pinnacle of their careers who are inspiring positive change in the world.

For a complete broadcast schedule go to www.PositiveLivingTV.com/episodes

Positive Living airs
in Canada on:

- CityTV
- A-Channel
- SunTV
- One: the Body, Mind & Spirit channel

Viewers can learn more about subjects explored on the show and can connect with like-minded individuals by becoming part of the online community at www.PositiveLivingTV.com

