

MEDIA RELEASE

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Toronto Board Certified Consulting Hypnotist appears on Oprah Winfrey Network (OWN) and Slice TV.

Toronto, ON, March 22, 2011 - Debbie Papadakis, a well known Board Certified Consulting Hypnotist based in Toronto which has been gaining international media attention in publications such as [Oprah's O Magazine](#) and Canadian Business Online for years, but her continued success has also garnered attention in **Oprah's Big Book of Happiness & Elle Canada Magazine**. On March 21, 2011 she appeared in *Remedy Me! on the Oprah Winfrey Network (OWN) and also on Slice TV's Newly Wed Nearly Dead!*

Debbie has also been on several radio shows in addition to her popular professional hypnosis training classes. *"We all have a wealth of power in our subconscious that can be used in healing, releasing stress and freeing us from internal barriers to health, wealth and happiness,"* says Debbie.

Debbie has been featured in [Remedy Me!](#), a television documentary focusing on holistic healers. Her segment appeared in the third installment which aired March 21, 2011 at 11PM EST, where she uses hypnosis to help David overcome an overactive bladder.

Debbie appeared on **Slice TV's Newlywed Nearly Dead** which aired on March 21, 2011. This show aims to lower North America's divorce rate one couple at a time. *"You can overcome negative thoughts that can be caused by overwhelming financial concerns and the economy in addition to many other mental states of mind,"* stated Debbie.

Hypnosis has begun to gain international attention as a natural, holistic way to clear your mind of negativity, control fear, stop smoking, release anger and more. On April 1, 2011 Debbie will be holding her 50th Professional NGH Hypnosis Certification Training. *"People are turning to natural ways to heal themselves from mental and physical ailments where medications might not be the best option or haven't worked for them in the past,"* stated Debbie.

You can view the services Debbie offers on her website www.HypnoHealing.com as well as learn more about her training, workshops and media appearances.

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Ms Papadakis is a certified instructor with the National Guild of Hypnotists and the International Medical & Dental Hypnotherapy Association and founder of Hypno Healing Institute Clinic & School. In addition to working with habits, fears, anxieties, and removing blockages Debbie is internationally recognized for her work with sleep and relationship issues.

The Hypno Healing Institute offers private sessions, workshops, professional hypnosis certification training and other programs. For more information or to schedule a free consultation visit www.hypno-healing.com

For questions or interviews please contact:

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